

Are You an Informed Healthcare Consumer?

Memorial Medical Center's presentations educate healthcare consumers on prevention of illness & disease and how to decrease healthcare expenditures. Presentations held at Memorial Medical Center - Neillsville, Manz Conference Room. 5:30-6:30 pm. Refreshments served. Free & open to the public.

Wednesday, January 27th

Dr. Amy Coulthard - Family Practice



Amy Coulthard, DO

Women's Health *Are You On Track for a Healthy 2010?*

- **Mammograms** - When should you have one? Have medical standards & recommendations recently changed?
- **Birth Control** - What is the best option for you? What are the benefits & drawbacks?
- **Preventive Screenings** - When should you be screened for diabetes, cholesterol, and heart health?
- **Overall Health** - What are some tips for improving your overall health and well-being this year?

Dr. Coulthard is certified by the American Osteopathic Board of Family Physicians. Dr. Coulthard comes to Neillsville from the Platteville Medical Associates. She earned her medical degree from Des Moines University School of Osteopathic Medicine (Iowa). She completed residency at Eau Claire Family Medicine Residency Program in Eau Claire, WI.

Neillsville

216 Sunset Place
Neillsville, WI 54456
p: 715.743.3101
f: 715.743.6245

Loyal

502 East Elm Street
Loyal, WI 54446
p: 715.255.8551
f: 715.255.8004

Greenwood

201 South Main Street
Greenwood, WI 54437
p: 715.267.3200
f: 715.267.3201