

Are You an Informed Healthcare Consumer?

Educate yourself on personal health risks.
Learn how to **prevent illness** in your family.
Decrease or avoid healthcare expenses.

Memorial Medical Center - Neillsville, Manz Conference Room.
5:30-6:30 pm. Refreshments served.



Thursday, February 25th
Tina Opelt, Nurse Practitioner

Women's Health: Heart Disease & Heart Attacks

- How do women's risk factors differ from men's?
- What are the typical barriers for lowering risk factors?
- Are you at risk? (identifying your risk factors)
- How can you prevent heart disease?

Tina Opelt, NP, practices at our Loyal Clinic:
Monday, Tuesday & Wednesday: 8am - 4:30pm
Friday: 8am - 3pm

715.255.8551



Memorial Medical Center

Neillsville, Loyal, Greenwood

Care...at its best

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