

FALL PREVENTION PROGRAM



Memorial Medical Center

Neillsville, Loyal, Greenwood

Care...at its best

216 Sunset Place, Neillsville, WI 54456

715.743.3101 | Fax: 715.743.6242

www.MemorialMedCenter.org

Fall Facts:

- Falls are the #1 cause of Emergency Room visits in people over 65 years old.
- Falls account for 70% of accidental deaths in people over 76 years old.
- 90% of hip fractures are from falls.

“With statistics like that it was vitally important to our therapy program to try to do something about it.”

Darci Mahoney
Occupational Therapist

Three Part Program:

- A comprehensive balance, strength and mobility evaluation in the facility.
- An in-depth in-home assessment during which we would look at potential fall hazards in the home.
- Patients would be asked to perform various activities of daily living.

Examples of Daily Living:

- Getting in and out of your home, tub, bed and chair.
- Reaching into high and low cupboards.
- Looking at potential fall hazards in and around the home.

Outcome:

- We summarize all the assessments.
- Make recommendations and implement exercise program.
- Suggest ongoing therapy participation.
- Correct strength or balance deficits.

We appreciate the opportunity to serve you and your family. Your health care is our #1 priority!